



CATHÉDRALE CHRIST CHURCH MONTRÉAL

HOLY COMMUNION

THE FOURTH SUNDAY AFTER EPIPHANY

Sunday, January 28, 2024 at 8:00 a.m.

Participate by Zoom: link: <https://us02web.zoom.us/j/82758741476>

Meeting ID: 827 5874 1476 • Passcode: 1857 • Tel: 438-809-7799

Or livestream: <https://montrealcathedral.ca/live>

Celebrant

The Rev'd Dr. Deborah Meister

Preacher

The Rev'd Dr. Deborah Meister



*We gather today on the unceded territory of the Kanien'keha:ka (Mohawk),
at a place called Tio'tia:ke (Montreal), a meeting place for many First Nations.
Our acknowledgement stands as a promise to continue the ongoing work of
recognition and reconciliation.*

COLLECT OF THE DAY

Living God, in Christ thou makest all things new. Transform the poverty of our nature by the riches of thy grace, and in the renewal of our lives make known thy glory; through Jesus Christ our Lord who liveth and reigneth with thee and the Holy Ghost, one God, now and for ever.

Amen.

FIRST READING Deuteronomy 18:15-20

The Lord your God will raise up for you a prophet like me from among your own people; you shall heed such a prophet. This is what you requested of the Lord your God at Horeb on the day of the assembly when you said: "If I hear the voice of the Lord my God any more, or ever again see this great fire, I will die." Then the Lord replied to me: "They are right in what they have said. I will raise up for them a prophet like you from among their own people; I will put my words in the mouth of the prophet, who shall speak to them everything that I command. Anyone who does not heed the words that the prophet shall speak in my name, I myself will hold accountable. But any prophet who speaks in the name of other gods, or who presumes to speak in my name a word that I have not commanded the prophet to speak - that prophet shall die."

Reader For the word of God in scripture,
For the word of God around us,
For the word of God within us.

All **Thanks be to God.**

The Congregation remains seated to pray the psalm.

PSALM 111

- 1 Hallelujah!
I will give thanks to the Lord with
my whole heart, *
in the assembly of the upright,
in the congregation.
- 2 **Great are the deeds of
the Lord! *
they are studied by all
who delight in them.**
- 3 His work is full of majesty
and splendour, *
and his righteousness endures
for ever.
- 4 **He makes his marvellous works
to be remembered; *
the Lord is gracious and full
of compassion.**
- 5 He gives food to those who fear
him; *
he is ever mindful of his covenant.
- 6 **He has shown his people
the power of his works *
in giving them the lands
of the nations.**
- 7 The works of his hands are
faithfulness and justice; *
all his commandments are sure.
- 8 **They stand fast for ever and
ever, *
because they are done in truth
and equity.**

9 He sent redemption to his people;
he commanded his covenant for
ever; *
holy and awesome is his name.

10 **The fear of the Lord is the
beginning of wisdom; *
those who act accordingly have
a good understanding;
his praise endures for ever.**

SECOND READING | Corinthians 8:1-13

Now concerning food sacrificed to idols:
we know that “all of us possess
knowledge.” Knowledge puffs up, but love
builds up. Anyone who claims to know
something does not yet have the
necessary knowledge; but anyone who
loves God is known by him.

Hence, as to the eating of food offered to
idols, we know that “no idol in the world
really exists,” and that “there is no God but
one.” Indeed, even though there may be so-
called gods in heaven or on earth - as in fact
there are many gods and many lords - yet for
us there is one God, the Father, from whom
are all things and for whom we exist, and one
Lord, Jesus Christ, through whom are all
things and through whom we exist.

It is not everyone, however, who has this
knowledge. Since some have become so
accustomed to idols until now, they still think
of the food they eat as food offered to an
idol; and their conscience, being weak, is
defiled. “Food will not bring us close to God.”
We are no worse off if we do not eat, and no
better off if we do.

But take care that this liberty of yours does
not somehow become a stumbling block to
the weak. For if others see you, who possess
knowledge, eating in the temple of an idol,
might they not, since their conscience is
weak, be encouraged to the point of eating
food sacrificed to idols? So by your
knowledge those weak believers for whom
Christ died are destroyed. But when you thus
sin against members of your family, and
wound their conscience when it is weak, you
sin against Christ. Therefore, if food is a cause
of their falling, I will never eat meat, so that I
may not cause one of them to fall.

Reader For the word of God in scripture,
For the word of God around us,
For the word of God within us.

All **Thanks be to God.**

Please stand.

HOLY GOSPEL Mark 1:21-28

Priest The Lord be with you.

All **And with thy spirit.**

Priest The Holy Gospel of Our Lord
Jesus Christ according to
St. Mark.

All **Glory be to thee, O Lord.**

They went to Capernaum; and when the sabbath came, Jesus entered the synagogue and taught. They were astounded at his teaching, for he taught them as one having authority, and not as the scribes. Just then there was in their synagogue a man with an unclean spirit, and he cried out, "What have you to do with us, Jesus of Nazareth? Have you come to destroy us? I know who you are, the Holy One of God." But Jesus rebuked him, saying, "Be silent, and come out of him!" And the unclean spirit, convulsing him and crying with a loud voice, came out of him. They were all amazed, and they kept on asking one another, "What is this? A new teaching - with authority! He commands even the unclean spirits, and they obey him." At once his fame began to spread throughout the surrounding region of Galilee.

Priest The Gospel of Christ.

All **Praise be to thee, O Christ.**

THE CREED (page 71)

THE SERMON

THE OFFERTORY

A collection plate will be passed during the hymn.

If you would prefer, you can leave your donation as you go out by debit or credit card on our tap and go system, or by e-transfer to accounting@montrealcathedral.ca.

Please indicate your name and address for donations over \$20 if you would like a tax receipt. Thank you.

THE PRAYERS & CONFESSION (page 75)

THE EUCHARISTIC PRAYER (page 78)

Everyone is welcome to receive Communion or a blessing at our services. You can receive both the bread and the wine, or choose only one of them. Dipping the wafer into the chalice is forbidden for epidemiological reasons.

Please come forward to receive the host, maintaining a safe distance from your neighbour. After receiving the host, remove your mask and consume it. You may then either keep your mask off to drink from the chalice or put your mask back on and return to your seat. If you prefer to receive a blessing, please cross your arms over your chest.

THE LORD'S PRAYER (page 85)