



## THE FOURTH SUNDAY IN ADVENT

### HOLY COMMUNION

**8:00 AM DECEMBER 19, 2021**

Participate online: <https://montrealcathedral.ca/live>

Virtual coffee after the service <https://us02web.zoom.us/j/84617875717>

Meeting ID: 846 1787 5717 Passcode: 1857 Tel: (438) 809 7799

*Celebrant*  
*Preacher*

The Rev'd Dr Deborah Meister  
The Rev'd Deacon Ben Crosby



*We gather today on the unceded territory of the Kanien'keha:ka (Mohawk), at a place called Tio'tia:ke (Montreal), a meeting place for many First Nations. Our acknowledgement stands as a promise to continue the ongoing work of recognition and reconciliation.*

## COLLECT OF THE DAY

Heavenly Father, who did choose the Virgin Mary, full of grace, to be the mother of our Lord and Saviour, now fill us with thy grace, that we in all things may embrace thy will and with her rejoice in thy salvation; through Jesus Christ our Lord, who liveth and reigneth with thee and the Holy Spirit, one God, now and for ever.

**Amen.**

## FIRST READING Micah 5:2-5a

You, O Bethlehem of Ephrathah, who are one of the little clans of Judah, from you shall come forth for me one who is to rule in Israel, whose origin is from of old, from ancient days.

Therefore he shall give them up until the time when she who is in labour has brought forth; then the rest of his kindred shall return to the people of Israel.

And he shall stand and feed his flock in the strength of the Lord, in the majesty of the name of the Lord his God. And they shall live secure, for now he shall be great to the ends of the earth; and he shall be the one of peace.

*Reader* Hear what the Spirit is saying  
to the Churches.

*All* **Thanks be to God.**

## Canticle - Magnificat

My soul doth magnify the Lord, /  
and my spirit hath rejoiced in God my  
Saviour.

**For he hath regarded /  
the lowliness of his handmaiden.**

For behold, from henceforth /  
all generations shall call me blessed.

**For he that is mighty hath magnified  
me; /  
and holy is his Name.**

And his mercy is on them that fear him /  
throughout all generations.

**He hath showed strength with his arm; /  
He hath scattered the proud in the  
imagination of their hearts.**

He hath put down the mighty from their  
seat, /  
and hath exalted the humble and meek.

**He hath filled the hungry with good  
things; /  
and the rich he hath sent empty away.**

He remembering his mercy /  
hath holpen his servant Israel;

**As he promised to our forefathers, /  
Abraham and his seed for ever.**

## SECOND READING Hebrews 10:5-10

When Christ came into the world, he said, "Sacrifices and offerings you have not desired, but a body you have prepared for me; in burnt offerings and sin offerings you have taken no pleasure.

Then I said, 'See, God, I have come to do your will, O God' (in the scroll of the book it is written of me)." When he said above, "You have neither desired nor taken pleasure in sacrifices and offerings and burnt offerings and sin offerings" (these are offered according to the law), then he added, "See, I have come to do your will." He abolishes the first in order to establish the second. And it is by God's will that we have been sanctified through the offering of the body of Jesus Christ once for all.

*Reader* Hear what the Spirit  
is saying to the Churches.

*All* **Thanks be to God.**

*Please stand*

## HOLY GOSPEL St. Luke 1:39-45

*Gospeller* The Lord be with you.

*All* **And with thy spirit.**

*Gospeller* The holy Gospel of Our Lord Jesus  
Christ according to St. Luke.

*All* **Glory be to thee, O Lord.**

In those days Mary set out and went with haste to a Judean town in the hill country, where she entered the house of Zechariah and greeted Elizabeth.

When Elizabeth heard Mary's greeting, the child leaped in her womb. And Elizabeth was filled with the Holy Spirit and exclaimed with a loud cry, "Blessed are you among women, and blessed is the fruit of your womb. And why has this happened to me, that the mother of my Lord comes to me? For as soon as I heard the sound of your greeting, the child in my womb leaped for joy. And blessed is she who believed that there would be a fulfilment of what was spoken to her by the Lord."

*Gospeller* The Gospel of Christ.

*All* **Praise be to thee, O Christ.**

## THE CREED (page 71)

## THE SERMON

## THE OFFERTORY

*Because of the pandemic, we are currently not passing a collection plate. You are invited to make your gift on the way out, either in cash, cheque, by debit or credit card on our tap and go system, or by e-transfer to [accounting@montrealcathedral.ca](mailto:accounting@montrealcathedral.ca). Please indicate your name and address for donations over \$20 if you would like a tax receipt. Thank you.*

## THE PRAYERS & CONFESSION (page 75)

## THE EUCHARISTIC PRAYER (page 78)

## THE LORD'S PRAYER (page 85)

## TODAY

### Lessons and Carols for Christmas, 4pm

### Food collection for Mile End Mission

A basket for non-perishable food donations has been placed at the entrance of the Cathedral. The strongest need is canned protein: peanut butter, tuna, salmon, chicken, beans, lentils, Cheez Whiz. Other suggestions are: Soups, spaghetti sauce or stews, Canned fruit or vegetables, powdered milk, Rice-a-roni or flavored noodles. McDonald's gift cards (which let homeless people get a cup of coffee or a sandwich and a place to be in from the cold)

### CATHEDRAL CALENDAR

For detailed information and zoom links visit: [www.montrealcathedral.ca/events-calendar/](http://www.montrealcathedral.ca/events-calendar/)

### Morning Prayer, Monday 9:15am zoom

**Brown Bag Bible Study, Monday 12pm** zoom Dec 20: Deuteronomy 7:1-11, Psalms 137; 149:1-9, Matthew 15:21-39, McLaren 11.

### Zoom Lunch Bunch, Tuesday 12pm

**Evening prayer with Scripture discussion (fr), Tuesday 7pm** zoom

**Eucharist Service Wednesday and Friday 12:15pm** In-Person at the Cathedral

### CHRISTMAS

#### Christmas Eve, December 24

8pm Messe de Noël (fr)  
10pm Choral Christmas Mass

#### Christmas Day, December 25

10:30am Choral Christmas Mass

#### First Sunday after Christmas

**December 26**

9am Eucharist (fr)  
10:30am Eucharist

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