



THE THIRTEENTH SUNDAY AFTER PENTECOST

HOLY COMMUNION

8:00 AM AUGUST 22, 2021

Zoom: <https://zoom.us/j/451675690?pwd=TTJlVzNnekpZSWVrNUtOUllsVFjZz09>

Tel : (438) 809 7799 Meeting ID: 451675690

Celebrant and Preacher The Rev'd Dr Deborah Meister



We gather today on the unceded territory of the Kanien'keha:ka (Mohawk), at a place called Tio'tia:ke (Montreal), a meeting place for many First Nations. Our acknowledgement stands as a promise to continue the ongoing work of recognition and reconciliation.

Our online worshipers should know that their image may appear on a screen in the Cathedral. If this is an issue for you, you can turn your camera off while you join us online.

The Eucharist begins on page 67 of the BCP.

Priest Our Father who art in heaven, Hallowed be thy Name, Thy kingdom come, Thy will be done, on earth as it is in heaven. Give us this day our daily bread; And forgive us our trespasses, As we forgive them that trespass against us; And lead us not into temptation, But deliver us from evil.

All **Amen.**

Priest Almighty God, unto whom all hearts be open, all desires known, and from whom no secrets are hid: Cleanse the thoughts of our hearts by the inspiration of thy Holy Spirit, that we may perfectly love thee, and worthily magnify thy holy Name; through Christ our Lord.

All **Amen.**

Priest Our Lord, Jesus Christ said: Hear O Israel, The Lord our God is one Lord; and thou shalt love the Lord thy God with all thy heart, and with all thy soul, and with all thy mind, and with all thy strength. This is the first and great commandment. And the second is like unto it: Thou shalt love thy neighbour as thyself. On these two commandments hang all the Law and the Prophets,

All **Lord, have mercy upon us, and write both these thy laws in our hearts, we beseech thee.**

Then may be sung or said.

**Lord, have mercy upon us.
Christ, have mercy upon us.
Lord, have mercy upon us.**

Priest The Lord be with you;

All **And with thy spirit.**

Priest Let us pray.

Then shall be said the collect of the day, together with any other Collects appointed to be said.

Priest Almighty God, thy word teachest us that all our doings without love are worth nothing. Send thy Holy Spirit and pour into our hearts that most excellent gift of love, the true bond of peace and of all virtue; through Jesus Christ our Lord, who liveth and reigneth with thee and the Holy Spirit, one God, now and for ever.

All **Amen.**

THE FIRST LESSON Joshua 24:1-2a, 14-18

Then Joshua gathered all the tribes of Israel to Shechem, and summoned the elders, the heads, the judges, and the officers of Israel; and they presented themselves before God.

And Joshua said to all the people, "Now therefore revere the Lord, and serve him in sincerity and in faithfulness; put away the gods that your ancestors served beyond the River and in Egypt, and serve the Lord. Now if you are unwilling to serve the Lord, choose this day whom you will serve, whether the gods your ancestors served in the region beyond the River or the gods of the Amorites in whose land you are living; but as for me and my household, we will serve the Lord."

Then the people answered, "Far be it from us that we should forsake the Lord to serve other gods; for it is the Lord our God who brought us and our ancestors up from the land of Egypt, out of the house of slavery, and who did those great signs in our sight. He protected us along all the way that we went, and among all the peoples through whom we passed; and the Lord drove out before us all the peoples, the Amorites who lived in the land. Therefore we also will serve the Lord, for he is our God."

Reader Hear what the Spirit is saying to the Churches.
All **Thanks be to God.**

The Congregation remains seated to say the psalm.

PSALM 34:15-22

- 15 The eyes of the Lord are upon the righteous, *
and his ears are open to their cry.
- 16 The face of the Lord is against those who do evil, *
to root out the remembrance of them from the earth.
- 17 **The righteous cry, and the Lord hears them *
and delivers them from all their troubles.**
- 18 **The Lord is near to the brokenhearted *
and will save those whose spirits are crushed.**
- 19 Many are the troubles of the righteous, *
but the Lord will deliver him out of them all.
- 20 He will keep safe all his bones; *
not one of them shall be broken.

- 21 **Evil shall slay the wicked, *
and those who hate the righteous will be punished.**
- 22 **The Lord ransoms the life of his servants, *
and none will be punished who trust in him.**

THE SECOND LESSON Ephesians 6:10-20

Finally, be strong in the Lord and in the strength of his power. Put on the whole armour of God, so that you may be able to stand against the wiles of the devil. For our struggle is not against enemies of blood and flesh, but against the rulers, against the authorities, against the cosmic powers of this present darkness, against the spiritual forces of evil in the heavenly places.

Therefore take up the whole armour of God, so that you may be able to withstand on that evil day, and having done everything, to stand firm. Stand therefore, and fasten the belt of truth around your waist, and put on the breastplate of righteousness. As shoes for your feet put on whatever will make you ready to proclaim the gospel of peace. With all of these, take the shield of faith, with which you will be able to quench all the flaming arrows of the evil one. Take the helmet of salvation, and the sword of the Spirit, which is the word of God.

Pray in the Spirit at all times in every prayer and supplication. To that end keep alert and always persevere in supplication for all the saints. Pray also for me, so that when I speak, a message may be given to me to make known with boldness the mystery of the gospel, for which I am an ambassador in chains. Pray that I may declare it boldly, as I must speak.

Reader Hear what the Spirit is saying to the Churches.
All **Thanks be to God.**

HOLY GOSPEL John 6:56-69

Priest The Lord be with you.
All **And with thy spirit.**

Priest The Holy Gospel of our Lord Jesus Christ according to St. John.
All **Glory be to thee, O Lord.**

Jesus said, "Those who eat my flesh and drink my blood abide in me, and I in them. Just as the living Father sent me, and I live because of the Father, so whoever eats me will live because of me. This is the bread that came down from heaven, not like that which your ancestors ate, and they died. But the one who eats this bread will live forever." He said these things while he was teaching in the synagogue at Capernaum.

When many of his disciples heard it, they said, "This teaching is difficult; who can accept it?" But Jesus, being aware that his disciples were complaining about it, said to them, "Does this offend you? Then what if you were to see the Son of Man ascending to where he was before? It is the spirit that gives life; the flesh is useless. The words that I have spoken to you are spirit and life. But among you there are some who do not believe." For Jesus knew from the first who were the ones that did not believe, and who was the one that would betray him. And he said, "For this reason I have told you that no one can come to me unless it is granted by the Father."

Because of this many of his disciples turned back and no longer went about with him. So Jesus asked the twelve, "Do you also wish to go away?" Simon Peter answered him, "Lord, to whom can we go? You have the words of eternal life. We have come to believe and know that you are the Holy One of God."

Priest The Gospel of Christ.
All **Praise be to thee, O Christ.**

Then shall be said this Creed by the priest and people.

All **I believe in one God the Father Almighty, Maker of heaven and earth, and of all things visible and invisible:**

And in one Lord Jesus Christ, the only-begotten Son of God, Begotten of the Father before all worlds; God, of God; Light, of Light; Very God, of very God; Begotten, not made; Being of one substance with the Father ; Through whom all things were made: Who for us men and for our salvation came down from heaven, And was incarnate by the Holy Ghost of the Virgin Mary, And was made man, And was crucified also for us under Pontius Pilate. He suffered and was buried, And the third day he rose again according to the Scriptures, And ascended into heaven, And sitteth on the right hand of the Father. And he shall come again with glory to judge both the quick and the dead: Whose kingdom shall have no end.

And I believe in the Holy Ghost, The Lord, The Giver of Life, Who proceedeth from the Father and the Son, Who with the Father and the Son together is worshipped and glorified, Who spake by the Prophets. And I believe One, Holy, Catholic, and Apostolic Church. I acknowledge one Baptism for the remission of sins. And I look for the Resurrection of the dead, And the Life of the world to come. Amen.

THE SERMON

THE OFFERTORY

All members of the Cathedral community are encouraged to support the Cathedral by electronic giving, or by placing a gift in the offering basket when you depart today. At this time, we encourage you to offer to God yourself, your life, and the concerns of your heart, trusting in God's love to receive them.

Priest Offer unto God the sacrifice of thanksgiving, and pay thy vows unto the Most High. *Psalm 50. 14.*

Let us pray for Christ's holy Catholic Church.

Let us pray for peace on earth and for the unity of all Christian people.

Let us pray for our missionaries at home and abroad.

Let us remember before God those of our brethren who have departed this life and are at rest.

Let us pray for the whole state of Christ's Church militant here in earth.

Then the Minister shall say the intercession.

Almighty and everliving God, who by thy holy Apostle hast taught us to make prayers and supplications, and to give thanks, for all men: We humbly beseech thee most mercifully to accept our alms and oblations, and to receive these our prayers, which we offer unto thy Divine Majesty; beseeching thee to inspire continually the universal Church with the spirit of truth, unity, and concord: and grant that all they that do confess thy holy Name may agree in the truth of thy holy Word, and live in unity and godly love.

We beseech thee also to lead all nations in the way of righteousness; and so to guide and direct their governors and rulers, that thy people may enjoy the blessings of freedom and peace: And grant unto thy servant Elizabeth our Queen, and to all that are put in authority under her, that they may truly and impartially administer justice, to the maintenance of thy true religion and virtue.

Give grace, O heavenly Father, to all Bishops, Priests, and Deacons, and specially to thy servant Mary our Bishop, that they may both by their life and doctrine set forth thy true and living Word, and rightly and duly administer thy holy Sacraments: Prosper, we pray thee, all those who proclaim the Gospel of thy kingdom among the nations: And to all thy people give thy heavenly grace, and specially to this congregation here present, that, with meek heart and due reverence, they may hear and receive thy holy Word; truly serving thee in holiness and righteousness all the days of their life. And we most humbly beseech thee of thy goodness, O Lord, to comfort and succour all them, who in this transitory life are in trouble, sorrow, need, sickness, or any other adversity, especially those for whom our prayers are desired.

We remember before thee, O Lord, all thy servants departed this life in thy faith and fear: and we bless thy holy Name for all who in life and death have glorified thee; beseeching thee to give us grace that, rejoicing in their fellowship, we may follow their good examples, and with them be partakers of thy heavenly kingdom.

Grant this, O Father, for Jesus Christ's sake, our only Mediator and Advocate, to whom, with thee and the Holy Ghost, be all honour and glory, world without end. Amen.

THE PRAYER OF CONFESSION

Priest Ye that do truly and earnestly repent you of your sins, and are in love and charity with your neighbours, and intend to lead the new life, following the commandments of God, and walking from henceforth in his holy ways: Draw near with faith, and take this holy Sacrament to your comfort; and make your humble confession to Almighty God.

All **Almighty God, Father of our Lord Jesus Christ, Maker of all things, Judge of all men: We acknowledge, and confess our manifold sins and wickedness, Which we from time to time most grievously have committed, By thought, word, and deed, Against thy Divine Majesty. We do earnestly repent, and are heartily sorry for these our misdoings. Have mercy upon us, most merciful Father; For thy Son our Lord Jesus Christ's sake, Forgive us all that is past; And grant that we may ever hereafter Serve and please thee in newness of life, To the honour and glory of thy Name; Through Jesus Christ our Lord. Amen.**

Priest Almighty God, our heavenly Father, who of his great mercy hath promised forgiveness of sins to all them that with hearty repentance and true faith turn unto Him: Have mercy upon you; pardon and deliver you from all your sins; confirm and strengthen you in all goodness; and bring you to everlasting life; through Jesus Christ our Lord.

All **Amen.**

Priest Hear what comfortable words our Saviour Christ saith unto all that truly turn to him. Come unto me all that labour and are heavy laden, and I will refresh you.

Matthew 11:28

God so loved the world that he gave his only-begotten son, to the end that all that believe in him should not perish, but have eternal life.

John 3:16

Hear also what Saint Paul saith:

This is a true saying and worthy of all men to be received, that Christ Jesus came into the world to save sinners.

1 Timothy 1:15

Hear also what Saint John saith:

If any man sin, we have an Advocate with the Father, Jesus Christ the righteous, and he is propitiation for our sins.

1 John 2:1-2

Priest The Lord be with you;

All **And with thy spirit.**

Priest Lift up your hearts;

All **We lift them up unto the Lord.**

Priest Let us give thanks unto our Lord God;

All **It is meet and right so to do.**

Priest It is very meet, right, and our bounden duty, that we should at all times, and in all places, give thanks unto thee, O Lord, Holy Father, Almighty, Everlasting God, Creator and Preserver of all things. Therefore with Angels and Archangels, and with all the company of heaven, we laud and magnify thy glorious Name; evermore praising Thee and saying:

All **Holy, Holy, Holy, Lord God of hosts,
Heaven and earth are full of thy glory.
Glory be to thee, O Lord most high.**

Blessed is he that cometh in the Name of the Lord: Hosanna in the highest.

Priest Blessing and glory and thanksgiving be unto thee Almighty God, our heavenly Father, who of thy tender mercy didst give thine only Son Jesus Christ to take our nature upon him, and to suffer death upon the Cross for our redemption; who made there, by his one oblation of himself once offered, a full, perfect, and sufficient sacrifice, oblation, and satisfaction, for the sins of the whole world, and did institute, and in his holy Gospel command us to continue, a perpetual memorial of that his precious death, until his coming again.

Hear us, O merciful Father, we most humbly beseech thee; and grant that we receiving these thy creatures of bread and wine, according to thy Son our Saviour Jesus Christ's holy institution, in remembrance of his death and passion be partakers of his most blessed Body and Blood, who, in the same night that he was betrayed, took Bread and, when he had given thanks, he brake it; and gave it to his disciples, saying, "Take, eat: this is my Body which was given for you; Do this in remembrance of me. Likewise after supper he took the Cup and, when he had given thanks, he gave it to them, saying, Drink ye all, of this; for this is my Blood of the new Covenant, which is shed for you and for many for the remission of sins: Do this, as oft as ye shall drink it, in remembrance of me.

Wherefore, O Father, Lord of heaven and earth, we thy humble servants, with all thy holy Church, remembering the precious death of thy beloved Son, his mighty resurrection, and glorious ascension, and looking for his coming again in glory, do make before thee, in this sacrament of the holy Bread of eternal life and the Cup of everlasting salvation, the memorial which he hath commanded; And we entirely desire thy fatherly goodness mercifully to accept this our sacrifice of praise and thanksgiving, most humbly beseeching thee to grant, that by the merits and death of thy Son Jesus Christ, and through faith in his blood, we and all thy whole Church may obtain remission of our sins, and all other benefits of his passion; And we pray that by the power of thy Holy Spirit, all we who are partakers of this holy Communion may be fulfilled with thy grace and heavenly benediction; through Jesus Christ our Lord, by whom and with whom, in the unity of the Holy Spirit, all honour and glory be unto thee, O Father Almighty, world without end.

All **Amen.**

Priest The peace of the Lord be always with you;
All **And with thy spirit.**

All **We do not presume to come to this thy Table, O merciful Lord, Trusting in our own righteousness, But in thy Manifold and great mercies. We are not worthy so much as to gather up the crumbs under thy Table. But thou art the same Lord, Whose property is always to have mercy: Grant us therefore, gracious Lord, So to eat the flesh of thy dear Son Jesus Christ, And to drink his Blood, That our sinful bodies may be made clean by his Body, And our souls washed through his most precious Blood, And that we may evermore dwell in him, And he in us. Amen.**

All **O Lamb of God, that takest away the sin of the world, have mercy upon us.
O Lamb of God, that takest away the sin of the world, have mercy upon us.
O Lamb of God, that takest away the sin of the world, grant us thy peace.**

THOSE IN THE CATHEDRAL

Everyone is welcome to receive Communion or a blessing at our services. At this time of Covid, we are consuming only the consecrated bread, which provides the full benefits of Communion.

The priest will bring communion to each person in their seat. Please hold out your cupped hands. The priest will drop the wafer into your hands. (Please do not grasp or touch the hands of the priest.)

Once the priest has moved on, you may remove your mask briefly to consume the Host. If you prefer to receive a blessing, please cross your arms over your chest to inform the priest of your desire.

THOSE ON ZOOM

Everyone is invited to pray one of the following, or another prayer of their own choosing.

*God our Father, whose Son our Lord Jesus Christ in a wonderful Sacrament has left us a memorial of his Passion: Grant us so to venerate the sacred mysteries of his Body and Blood, that we may ever perceive within ourselves the fruit of his redemption; who lives and reigns with you and the Holy Spirit, one God, for ever and ever.
Amen.*

In union, dear Lord, with the faithful at every altar where your blessed Body and Blood are being offered to the Father, I desire to offer you praise and thanksgiving. I believe that you are truly present in the Holy Sacrament. And since I cannot at this time receive you sacramentally, I entreat you to come spiritually into my soul. I unite myself to you with all the affections of my heart. Let me never be separated from you. Let me live and die in your love. Amen.

All **Our Father who art in heaven, hallowed be thy name, thy kingdom come, thy will be done, on earth as it is in heaven. Give us this day our daily bread; and forgive us our trespasses, as we forgive them that trespass against us; and lead us not into temptation, but deliver us from evil.
For thine is the kingdom, the power, and the glory, For ever and ever. Amen.**

Priest Almighty and everliving God, we most heartily thank thee that thou dost graciously feed us, in these holy mysteries, with the spiritual food of the most precious Body and Blood of Thy Son our Saviour Jesus Christ; assuring us thereby of thy favour and goodness towards us; and that we are living members of his mystical body, which is the blessed company of all faithful people; and are also heirs through hope of thy everlasting kingdom.

All **And here we offer and present unto Thee O Lord, ourselves, our souls and bodies, to be a reasonable, holy, and living sacrifice unto thee. And although we are unworthy, yet we beseech thee to accept this our bounden duty and service, not weighing our merits, but pardoning our offences; through Jesus Christ our Lord, to whom, with thee and the Holy Ghost, be all honour and glory, world without end. Amen.**

Glory be to God on high, and in earth peace, good will towards men.

We praise thee, we bless thee, we worship thee, we glorify thee, we give thanks to thee for thy great glory, O Lord God, heavenly King, God the Father Almighty.

O Lord, the only-begotten Son, Jesus Christ; O Lord God, Lamb of God, Son of the Father, that takest away the sin of the world, have mercy upon us.

Thou that takest away the sin of the world, receive our prayer.

Thou that sittest at the right hand of God the Father, have mercy upon us.

For thou only art holy; thou only art the Lord; thou only, O Christ, with the Holy Ghost, art most high in the glory of God the Father. Amen.

THE BLESSING

Priest The peace of God, which passeth all understanding, keep your hearts and minds in the knowledge and love of God, and of his Son Jesus Christ our Lord: And the blessing of God Almighty, the Father, the Son, and the Holy Ghost, be amongst you and remain with you always.

All **Amen.**

Thank you for worshipping with us today.

If you would like to support our ministries, please use this link: montrealcathedral.ca/donate

Weekday Prayers

Monday / Lundi

9h15 Morning Prayer and fellowship / Prière du matin et conversation

<https://zoom.us/j/688446062?pwd=eEthdWcyRUhxaVE0YkJOOkNyR3R3Zz09>

Meeting ID: 688 446 062 Password: 1857 Tel: (438) 809 7799

Tuesday / Mardi

19h Prières du soir avec discussion sur la Bible / 7pm Evening prayer with Scripture discussion (fr)

<https://zoom.us/j/535719868?pwd=SHYxSUpoSDhNZTI2M3hUa2lxYIBSUT09>

Meeting ID: 535 719 868 Password: 1857 Tel: (438) 809 7799

Wednesday / Mercredi

12h15 Eucharist Service / service Eucharistie

In-Person at the Cathedral, no pre-registration required.

En personne à la cathédrale, pas de pré-inscription nécessaire.

Friday / Vendredi

12h15 Eucharist Service / service Eucharistie

In-Person at the Cathedral, no pre-registration required.

En personne à la cathédrale, pas de pré-inscription nécessaire.

Last Sunday of the month / Le dernier dimanche du mois

12:15 pm QueerSpace / 12h15 QueerSpace

<https://zoom.us/j/841742422?pwd=VWVjIjMwXseU43YlpLYXVxSmhndktoZz09>

Meeting ID: 841 742 422

Christ Church Cathedral office
514-843-6577 ext. 241
administrator@montrealcathedral.ca

Bureau de la cathédrale Christ Church
514-843-6577 ext. 241
administrateur@montrealcathedral.ca



www.montrealcathedral.ca



ChristChurchMTL



www.montrealcathedral.ca/live/

Scripture readings from the New Revised Standard Version of the Bible copyright © 1989 Division of Christian Education of the National Council of the Churches of Christ in the United States of America.