



Stir-Up Sunday



Cathedral Windows Christmas Cake

Ingredients List

4 Cups of any combination of Dried Fruits

(Think of what tastes you prefer, but also the different colours to create your stained-glass window effect).

You can include dried peel as well, dried pineapple and dried cherries)

Bertrand will be using -

- ◇ 1 cup dried apricots
- ◇ 1 cup sultanas
- ◇ 1/2 cup dried dates
- ◇ 1/2 cup dried figs
- ◇ 1/2 cup dried cranberries
- ◇ 1/2 cup prunes

1 orange (zest & juice)

3 tablespoons of a Vegetable Oil (like macadamia nut, olive or coconut)

3 Eggs

1 teaspoon Vanilla Extract

1 1/2 teaspoons of Cinnamon

1/2 teaspoon Powdered Ginger

Pinch or quick grate of Nutmeg

Pinch of Salt

1/2 cup Walnuts or Pecans

2 cups Ground Almonds or Almond Meal

(Look in the health food section at your supermarket for this)

Equipment

- 2 Mixing Bowls
- Knife and Chopping Board
- Grater or Zester
- Juicer (for the Orange)
- Whisk
- 20cm Baking Tin
- Baking Paper
- A large Spoon

