



CATHÉDRALE
CHRIST CHURCH
CATHEDRAL

[In this week's letter: Lazy days of summer – Evensong followed by punch & home-made cakes – Last Sunday in the Month lunch needs helpers – books to read – drama and art featuring cathedral parishioners – July 6 reminder]

Dear Friend of the Cathedral

As members of our community happily enter a prolonged period of estivation there are fewer activities to mention in the newsletter – but the cathedral is still here, welcoming visitors and providing daily services. You are particularly invited to attend Evensong at 4:00 pm this Sunday when the choir will sing music by Duruflé, Stanford and Gardiner and the prelude and postlude will be compositions by Louis Vierne. You are invited to enjoy punch and cakes after the service, the last service with full choir until the Fall.

Estivation? This dictionary definition perfectly describes most Montrealers, especially if you substitute the word humans for reptiles. Estivation is when animals slow their activity for the hot, dry summer months. During a period of estivation, many reptiles go underground where it's cooler. Estivation is very similar to hibernation, when some mammals spend the winter moving very little and sleeping a lot, in order to save energy.

However, occasional energy is needed, particularly this Sunday. The Last Sunday of the Month Lunch organized by the Social Service Society will be held this Sunday June 30 - and on the 4th Sunday of the months to come. This Sunday's lunch is being sponsored by a Selwyn House School student who raised the money himself. However, the students are now on holiday, so Adrian urgently needs 20 volunteers from the Christ Church community this Sunday to help feed 100 people sitting at well-set tables in air-conditioned Fulford Hall. Volunteers are needed to set up beforehand, and/or to welcome, be a host, or serve the food. As a plus, you get to eat after the guests have finished! This is a one-hour commitment. Please go directly to Fulford Hall for 12:00 pm if you can help. You can contact Adrian to offer help at wordbook@securenet.net

Reading is an excellent activity during estivation. Here again is the list of books recommended by members of Episkopé.

Vivian Lewin : *Being Disciples* by Rowan Williams.

Gwenda Wells : *Backpacking Through the Anglican Communion*, by Dr Jesse Zink

Peter Huish : *The Break*, by Katherine Vermette.

Jean-Daniel Williams : *The Power* by Naomi Alderman

Bertrand Olivier : *Falling Upwards* by Richard Rohr, A spirituality for the two halves of life.

Drama and art are two other excellent activities. Edward Yankie's one-man performance of Richard II is now sold out – congratulations Edward. From a Facebook post by Edward "22,000 words. 26 characters. One actor." I understand because of popular demand there will be another performance in August.

Meanwhile Jason McKechnie and Natasha Henderson are participating in an exhibition called "A 'stitch' in Time / une 'suture' dans le temps" at Galerie Erga, 6394 St Laurent Blvd, from July 11th to 27th. The vernissage will be on Saturday July 13 from 2:00 to 5:00 pm. Jason and Natasha are organizing an art exhibition for Les journées de la culture at the end of September. Erga owner Demetrios Papkostas will be one of the artists participating. Several of the artists in the current Stich in Time exhibition also lent works to the cathedral for Nuit blanche. We are grateful to all these artists for their generosity.

Finally, thank you to the people who are contributing a burst of energy in the cathedral during Canada's Historic Places Day on Saturday July 6. Come and be a tourist – discover some facts about the Cathedral's history!

This talk of summer has left me with Nat King Cole on my brain

Roll out those lazy, hazy, crazy days of summer

Those days of soda and pretzels and beer

But for a more spiritual approach to summer take a look at Jim Manney's summer prayer published in a blog on Ignatian Spirituality

Father, Creator of all, thank You for summer!

Thank you for the warmth of the sun

and the increased daylight.

Thank You for the beauty I see all around me

and for the opportunity to be outside and enjoy Your creation.

Thank You for the increased time I have to be with my friends and family,

and for the more casual pace of the summer season.

Draw me closer to You this summer.

Teach me how I can pray

no matter where I am or what I am doing.

Warm my soul with the awareness of Your presence

and light my path with Your Word and Counsel.

As I enjoy Your creation, create in me

a pure heart and a hunger and a thirst for You.

Amen.

or read Psalm 65

12 You crown the year with your goodness, * and your paths overflow with plenty.

13 May the fields of the wilderness be rich for grazing, * and the hills be clothed with joy.

14 May the meadows cover themselves with flocks, and the valleys cloak themselves with grain; * let them shout for joy and sing.

Happy and blessed summer holidays

Ann Elbourne

June 27, 2019