

Une oasis spirituelle
au coeur de Montréal



A spiritual oasis
in the heart of Montreal



CATHÉDRALE CHRIST CHURCH
CHRIST CHURCH CATHEDRAL
MONTRÉAL

Lent & Easter 2015
2015 *Le Carême et Pâques*



www.montrealcathedral.ca



*** Is this a fast, to keep the
larder lean? And clean**

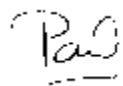
I'm always a bit envious of Jewish children who laugh and play and look for the last bit of chametz before Passover, and of Muslim families and friends who are able to feast and laugh together after fasting each day of Ramadan. Christians so often turn Lent into a penance or a second-rate guilt-trip, when it could be such fun.

Suddenly we have an excuse to try something new, and it doesn't have to last for ever! We could change our diet. We could go on a diet. We could read a book we've always wanted to read. We could stop reading books! We could go to bed early, or get up early – and if anyone asks us we can just say 'I'm doing it for Lent' and no one would question us. What freedom!

In fact we could remind ourselves that 'the Sabbath was made for humanity, not humanity for the Sabbath' and we could say 'I'm just giving myself a little more time during Lent to be myself' or 'a little more quality time to spend with my friends' – or 'with other people' – or 'with people who need me'.

*** It is to fast from strife,
From old debate And hate;**

And I would add – a fast to live a little.



* 'Lent' By Robert Herrick (1591–1674)

*** Ceci, est-ce un jeûne pour nettoyer son
placard du gras,**

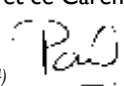
C'est toujours avec un peu de jalousie que j'observe les enfants juifs qui rigolent en train de chercher le chametz avant la Pâque, ou que je vois les familles musulmanes qui fêtent le soir, et qui rient en partageant le grand repas de jeûne du Ramadan. Pour les chrétiens notre jeûne du Carême devient très vite une pénitence ou une occasion de se sentir très coupable – pourtant, ça pourrait être tellement le fun !

Tout d'un coup nous avons l'excuse parfaite pour essayer quelque chose de nouveau – sans avoir à s'engager pour l'éternité ! Si on changeait notre régime ? – par exemple - Si on commençait un régime ! Si on lisait ce livre qui nous attend depuis toujours. Si on s'arrêta de lire des livres ! Si on se couchait tôt, ou se levait tôt - et si jamais quelqu'un nous demande 'pourquoi tu fais ça ?' nous n'avons qu'à dire 'C'est mon Carême' – fin de la discussion ! Quelle liberté !

Nous pouvons nous rappeler que le sabbat a été fait pour nous, et non pas nous pour le sabbat. Nous pouvons dire 'Ce Carême je me donne un peu de temps pour être moi-même' ou 'un peu de temps avec mes amis' ou 'avec des autres' ou 'avec ceux et celles qui ont besoin de moi.'

*** Jeûnons, donc, de l'inimitié et des vieux
désaccords, et de la haine.**

Et moi, pour ma part, j'ajouterais – et ce Carême – vivons donc un peu !



* du poème 'Lent' de Robert Herrick (1591–1674)

- February 17 février
Shrove Tuesday Pancake Party 5.30 pm
- February 18 février
Ash Wednesday
Mercredi des cendres
7.30 am Eucharist & Imposition of Ashes
12.15 pm Eucharist & Imposition of Ashes
7.30 pm Choral Eucharist
& Imposition of Ashes
- Wednesday March 25 mars mercredi
The Annunciation to the Virgin Mary
12.15 pm Choral Eucharist
- March 29 mars
Palm Sunday
Dimanche des rameaux
Blessing of Palms, Procession
& Passion Play
- Monday 30 March, 7.30 pm
Sung Compline & Meditation
(plainsong)
- Tuesday 31 March, 7.30 pm
Sung Compline & Meditation
(Russian Orthodox)
- Wednesday 1 April, 7.30 pm
Choral Tenebrae
- Maundy Thursday - Jeudi saint**
12.15 pm Diocesan Chrism Eucharist
7.30 pm Eucharist of the Last Supper
& All Night Prayer Vigil.
- Good Friday - Vendredi saint**
12 pm Children's Good Friday Service
1 pm Music for Good Friday
2 pm Liturgy of Good Friday

- April 4 avril
Holy Saturday - Samedi saint
7.30 pm Great Easter Eucharist
Vigil, Confirmation, 1st mass of Easter
- April 5 avril
Easter Day * Dimanche de Pâques
10 am Festival Choral Eucharist
12 h 45 Eucharistie chantée
4 pm Festival Choral Evensong

DAILY PRAYER

Sunday

8 am	Eucharist
10 am	Choral Eucharist with Sunday school
12.45 pm	Choral Eucharist in French
4 pm	Choral Evensong
6 pm	1 st Sunday of the month only Informal Eucharist

Weekdays

8.15 am	Morning Prayer
12.15 pm	Eucharist
5.15 pm	Evening Prayer
<i>(plainsong: Tuesday, Wednesday and Thursday)</i>	

Contemplative Prayer every Tuesday 5.45 pm

PRIÈRE QUOTIDIENNE

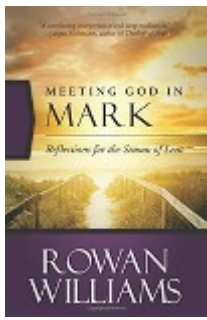
Dimanche

8 h	Eucharistie
10 h	Eucharistie chantée <i>catechèse pour enfants</i>
12 h 45	Eucharistie chantée en français
16 h	Vêpres chantées
18 h	1 ^{er} dimanche du mois seulement Eucharistie informelle

Semaine

8 h 15	Prière du matin
12 h 15	Eucharistie
17 h 15	Prière du soir
<i>(chant grégorien, les mardis, mercredis et jeudis)</i>	

Prière contemplative tous les mardis à 17 h 45



Meeting God in Mark

Reflections for the Season of Lent by Rowan Williams

Join Visiting Theologian, the Rev'd Canon Eric Beresford, for a three-part course on Rowan Williams' new book on the Gospel of Mark. This wonderful book will enrich both your mind and your heart. "Mark is challenging us not simply to read but to expose ourselves to a new and transforming relationship with the figure at the heart of his story." Contact Rhonda to register.

In the Undercroft : Tuesdays, March 3rd, 10th, and 24th.
A light soup supper will be served at 7 pm.
\$30 for the course, including the book.

EACH SUNDAY IN LENT Lenten Carbon Fast and Environmental Ethics

Join the Cathedral community in making this Lent a time to reflect on our use (or abuse) of creation by participating in the carbon fast.

Follow the calendar of activities for reducing your carbon footprint
www.montrealcathedral.ca/carbon-fast

Gather in the chapel with your fair trade coffee after the 10:00 service for a time of learning and reflection on topics of environmental ethics.

ON-LINE DAILY LENT COURSE

Stop, Pray, Work, Play & Love go to the web-site and watch
<http://ssje.org/ssje/time/>

Cathedral Book Group

Meets Sunday evening monthly to share ideas about a good read!

February 22 at 7 pm

The Storied Life of AJ Firkey
by Gabrielle Zevin

March 29

The Circle by Dave Eggers

Speak to Ann Elbourne,

Jane Aitkens or Diana Bouchard

Cathedral Forum

Meets 3rd Tuesdays at 6.30 pm

Join in the discussion of what's happening in the life of the Cathedral.

Hungry Minds

**Bible Study & Supper for
Students and Young Adults**

Every Wednesday in the Undercroft
@ 6pm See Rhonda for information

1st Sunday Evening Eucharist

March 1st will be a meditative, candlelit service in the style of Taizé... with a didgeridoo.
@ 6pm in the Cathedral

Contemplative Prayer Practice

led by Beth Adams
2nd & 4th Tuesdays 5:45 - 6:45 pm
in the Cathedral
During Lent, we will be focusing on practical ways to strengthen our prayer/meditation practice and deal with the inevitable difficulties and obstacles.

Ignatian Prayer

led by Vivian Lewin & Paul Kennington
1st & 3rd Tuesdays 5:45 - 6:15 pm
in the Cathedral

Pain, Prière et Partage Groupe de prière et étude biblique en français

Dimanche soir : 22 février, 8 mars,
22 mars. 17h à 20h
Contact: Jean-Jacques Goulet

LIVING THE LIFE OF PRAYER Parish Retreat April 30 - May 3

Talks, music, silence, natural beauty at Ermitage Sainte-Croix with Sally Harrington Philippo and Paul Kennington.

Contact the office or retreatccc@gmail.com

Raising awareness Reflecting and praying Putting faith into action

Interested in Social Justice? Come and join us
SJAG meets every 1st Sunday 11.45 - 12.45 pm



FAIR TRADE KIOSQUE

Commerce Équitable

Every 3rd Sunday, 11.30 - 12.30.

A wide range of delicious fair trade foods for sale.

15 February (India), 15 March (Bangladesh),

April 19, May 17

Speak to Jonathan Bailey about these social justice activities



Letter Writing

Second Sunday of the month, 12 pm - 1 pm
Everyone welcome

Christ Church Cathedral Social Service Society Feeding 200 Homeless and Hungry People

Every Last Sunday of the month 12 noon in Fulford Hall.
Volunteers needed & welcome to set up, serve and clean up.

LGBTQ

Friendly talk, Films and Food
Contact Paul for information

Children and Youth

Sunday School Lenten Series:
Learning to Pray
During the 10 am service

Saturday Sleepover

for Youth ages 10-14
March 14-15

Nuit Blanche à la Cathédrale



Saturday 28th February
6 pm - 2 am

Let there be Light! Que la lumière soit!

Créant la lumière à partir des ténèbres
mots * musique * images

Creating Light from Darkness
Words*Music*Images

Cathédrale CHRIST CHURCH

Concerts
samedis
16h30

L'Oasis Musicale Saturday Concert Series

Open to all Ouvert à tous

Please join us every Saturday at 4:30 pm for our weekly classical music concert series in the beautiful setting of Christ Church Cathedral. The concerts are open to all, and no tickets are required. A voluntary contribution is greatly appreciated to support the series, the musicians and the mission of the cathedral.

NEW! MUSICAL OASIS ON WEDNESDAY EVENINGS!

Please join us every Wednesday evening
from April 8th to July 29th for a classical music concert.
Refreshments from 5:45 pm, concert 6:15 - 7:00 pm
Everyone welcome!



Facebook: L'Oasis Musicale at Christ Church
www.oasismusicale.blogspot.ca

CATHEDRAL STAFF

Dean (ex 237) pkennington@clara.net
The Very Rev'd Paul Kennington

Associate Priest (ex 239)
rhonda.m.waters@gmail.com

The Rev'd Rhonda Waters

Assistant Priest

The Rev'd Dr. Donald Boisvert

Honorary Assistant Priest

The Rev'd Dr. Roger Balk

Honorary Assistant Deacon
The Rev'd Deacon Peter Huish

Lay Reader
Tania Lesack

Licensed Spiritual Director
Vivian Lewin

Pastoral Assistant
Jean-Jacques Goulet

Director of Music (local 240)
Patrick Wedd

Concert Manager
Jonathan Bailey

Senior Verger (local 260)
Rob Wells

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Parish Administrator: **Tania Lesack**
Office Volunteer **Ann Elbourne**

The office is usually open
Monday to Friday 9 am to 5 pm.